

Fixed Braces & Aligners

APPENDIX 3 - Best Practice Check List

	Clinical	Non-Clinical
Pre-Treatment	<p><u>Interview</u> To determine behaviour, eating and drinking habits, current hygiene routine and history of fluoride treatment.</p> <p>Adult Patients – 3 day diet diary inc. times and amounts</p> <p>Child Patients – assessment of family support and awareness of importance of oral hygiene</p> <p><u>Examination</u> Comprising of:</p> <ul style="list-style-type: none"> • Systematic search for disorders and abnormalities • Gum health assessment • Radiological to assess extent; of carious lesions, failing restoration, etc. • Saliva pH & flow test <p><u>Dental Treatment Plan</u> List work which needs to be carried out prior to orthodontic treatment, including caries and gum treatment, fluoride varnish, etc.</p>	<p><u>Education & Motivation</u></p> <ul style="list-style-type: none"> • Discussion of diet and the role of food in tooth decay • Bad Habits – snacking, nail biting and smoking • Oral hygiene routine – products and techniques • Encourage regular professional cleaning <p>Child Patients – need for adult supervision, support and encouragement of daily oral hygiene routine, importance of low sugar diet</p>
Treatment	<p>Comprehensive post-bond up/aligner fitting oral hygiene induction with suitable trained member of the practice team. Should cover products and techniques in respect of:</p> <ul style="list-style-type: none"> • Brushing • Interdental cleaning • Interspace brushing • Mouthwash <p>At 3 monthly intervals patients should be encouraged to attend a hygienist for professional cleaning.</p> <p>In cases of unacceptable patient non-compliance treatment should be halted until requisite oral hygiene levels are achieved.</p>	<p>Clinician appraises patient's oral hygiene at each scheduled appointment, providing feedback to the patients, identifying any particular areas requiring attention.</p> <p>Patients presenting below par oral hygiene should be disclosed in practice, shown deficient areas and given supplemental instruction.</p> <p>Ideally all patients are accompanied to front desk and receptionist briefed as to which products the patient has been advised to use between appointments. If not practical the use of prescription slips is recommended.</p>